



Psychology and Behaviour Support Services

NDIS registered Psychology and Behaviour Support Services (PBSS) for people with disability.

Positive relationships and mental health are essential for everyone's ability to live fulfilling lives.

My Wellbeing, Achieve Australia's holistic wellbeing support service, offers professional PBSS for people with disability.

Our practitioners provide quality, individualised, and adaptable goal-oriented services.



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Specialist Positive Behaviour Support NDIS Category: Improved Relationships

Achieve's Behaviour Support Practitioners are trained in Positive Behaviour Support. This is an evidence-based method which draws on the psychology of Applied Behaviour Analysis. This approach will help to improve your relationships and social connections.

Our Behaviour Support Practitioners can provide:

- Individual Positive Behaviour Support services
- Comprehensive behaviour assessments and written reports
- Development of Positive Behaviour Support Plans (PBSP)
- Training in, and implementation of the PBSP - Specialist support with Restrictive Practices
- Staff and carer training in Positive Behaviour Support
- Consultation and advice.

Psychology Services NDIS Category: Improved Daily Living

Achieve has a team of psychologists who are highly experienced at working with people with disability. We offer professional psychological assessments and therapy services, focused on improving your daily living, mental health and wellbeing.

Our psychology services include, but are not limited to:

- Cognitive and intellectual assessments
- Mental health assessment and treatment
- Support needs assessments using the internationally recognised I-CAN framework
- Assessment and education around maladaptive sexualised behaviours
- Capacity assessments
- Dementia screening
- Individual and/or group therapy.

Access these services with your NDIS funding

We are an NDIS registered provider and offer these services through your NDIS funding, under the categories of Improved Relationships and Improved Daily Living.

Achieve's PBSS are community based. This means you don't have to come into a clinic as we can come to you, where support is required.

We are currently delivering PBSS in and around the North Ryde, Seven Hills and Newington regions. Please get in touch to discuss your location.

If you have a referral or enquiry about our Psychology and Behaviour Support Services, and would like to speak to an expert, please get in touch.

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